

AMARILLO CITY EMPLOYEE

# CE NEWS HAPPY ST. PATRICK'S DAY

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Special points of Interest:

- · Lawrence Lake Construction Update
- March recipe—Spinach Balls
- · February Retirees

## N O W Is the Time to Prepare for a Disaster



#### Get Warned. Ways to Receive Warning:

#### **NOAA All-Hazards Weather Radio**

..The #1 way to receive public warning. Broadcasts warnings, watches, forecasts, and other emergency information for ALL hazards and disasters that require immediate notification. Program Codes:

Potter County (048375), Randall County (048381)

#### **Emergency Alert System (EAS)**

.. Automatic cut-in to some TV, radio stations, and some mobile devices.

#### **Outdoor Warning System**

sirens are located Amarillo/Potter/Randall. They are designed to alert citizens who are OUTDOORS, not INDOORS.

#### Cable Television Cut-In

..Emergency Management will interrupt programming to provide information to viewers with local cable service.

#### **Local Media**

..Stay tuned to local TV and radio stations for additional information.

#### Resolve To Be Ready Mass Notification System

..Sign up to receive email, text, and voice notifications.

Register at: www.R2BeReady.com



#### Ready, Set, Go! Are You & Your Home Wildfire Ready?

Ready - Preparing for the Fire Threat: Be Ready, Be Fire wise. Take personal responsibility and prepare long before the threat of a wildfire so your home is ready in case of a fire. Create defensible space by clearing brush away from your home. Use fire-resistant landscaping and harden your home with fire-safe construction measures. Assemble emergency supplies and belongings in a safe spot. Make sure all residents residing within the home are on the page, plan escape routes.

Set - Situational Awareness When a Fire Starts: Pack your vehicle with your emergency items. Stay aware of the latest news from local media for updated information on the fire.

Go - Leave Early! Following your Action Plan makes you prepared and firefighters are now able to best maneuver the wildfire and ensure you and your family's safety.

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#### April Fool's Day Amarillo Zoo Saturday, March 31, 2012

1:00pm – 3:00pm
You'll be amazed, bewildered and maybe even a bit skeptical as you view some of nature's most mysterious creatures. See a cast of a track from Bigfoot, a toad the size of a dinner plate, death feigning snakes, flesh eating beetles and more. Plus, journey through the Zoo on an April Fool's joke scavenger hunt. Come join us and see if you – believe it or not??

#### Warrant Round-Up

Once again Municipal Court in conjunction with the Amarillo Police Department participated in the Great Texas Warrant Round-Up Campaign. This year the court staff handled more than 7.000 cases and collected over a million dollars in the month of February. With steady lines and phones ringing constantly, the court staff rose to the occasion and provided top quality service to the community and our organization. Of course the Warrant Round-Up Campaign could not have been as successful if it had not been for the Police Department and the Officers assigned to the Campaign. Also, our Information Technology Department maintained the online warrant list and online payment services. Over 300,000 page views of the warrant list were logged this month. Thanks to all for a job well done.



#### READ to SUCCEED Offers Free Reading Skills Help

By: Stacy Yates, Public Relations Coordinator



Many doors seem closed to a person who cannot read, or who reads at only the most basic level, but the Amarillo Public Library is working to help people open those doors. READ to SUCCEED is an adult reading skills program that offers free one-on-one tutoring to adults in the Amarillo area.

Started in 2011 as an expansion of the highly successful AMARILLO READS Community Reading project, READ TO SUCCEED has a very simple mission: We teach people to read.

Library Director Donna Littlejohn says creating competent readers benefits the community in a number of ways. "Reading is a health and safety issue," says Littlejohn, "because reading skills are necessary to interpret warning signs and medical information. Reading skills are also important to the economy because adults who lack basic math and reading skills can't fully participate in the marketplace."

READ to SUCCEED currently has 19 student/tutor pairs who work together once or twice each week to improve basic reading, spelling and writing skills. APL Literacy Coordinator Lisa White says volunteer tutors receive complete training before being paired with a student. "It's a daunting task, teaching someone to read," says White, "but most people can do it with the right training. We want

our tutors to feel confident that they have the skills and support they need."

The next training session for volunteer tutors will be March 24 from 9:30 AM to 3:30 PM at the Downtown Library, but people interested in becoming READ to SUCCEED students may contact White at any time. "Right now we have three (3) tutors waiting for students," says White, "so if you know someone who needs help learning to read, we can probably get them started with a tutor fairly soon."

Those interested in becoming READ to SUCCEED tutors or students may contact Lisa White at the Downtown Library for more information.



Easter EGG-citment Saturday, April 7, 2012 9:30am – 3:00pm

Hop on over to the Amarillo Zoo for our third annual *Easter EGG-citment!* event. Kids can visit one of many treat stations to receive their Easter eggs filled with candy and goodies from costumed characters like Alice, the Mad Hatter, Queen of Hearts, the March Hare, Bugs Bunny and others. Make sure to stop by and get your picture taken with the Easter Bunny. Plus, don't be late for a very important date ... the Alice in Wonderland Tea Party! Watch our lemurs, lions, tigers and other zoo animals enjoy their very own Easter baskets filled with special treats. All that plus live bunnies for kids to see and touch!

### LAWRENCE LAKE CONSTRUCTION UPDATE

BY: VAN HAGAN, ASSISTANT DIRECTOR OF PUBLIC WORKS



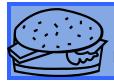
Playa Lake bank stabilization construction project at Lawrence Lake.

Left: the "before" photo was taken at the end of September.

Right: the "after" was taken in mid-December.



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## **Employee Appreciation Luncheon**Photos by Damen Ratliff, Asst. Wastewater Collection Supervisor





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#### AMARILLO EMERGENCY COMMUNICATIONS CENTER—911

By: Judith Weshinskey-Price, Emergency Communications Center Manager, ENP, RPL

Did you know that when you call 911 within the City of Amarillo, it is a city department The Amarillo Emergency that answers? Communications Center (AECC) is a city department that is responsible for answering 911 calls and dispatching responders such as fire, police, EMS, and animal control. AECC was created in October of 2009 so that the emergency communications function could be consolidated into one system and provide more efficient services for citizens. There are 59 Emergency Communications Specialists (ECS) employed with the department and, on average, about 15 working at any given time. Each ECS must go through rigorous testing before being hired and must complete a minimum of 12 weeks of training, both classroom and on the job, before they are allowed to work on their own. They are also required to do continuing education throughout the year to maintain certifications and skills.



AECC workstation

So, if you ever have to call 911, what can be Well, the first thing that will happen is that an ECS certified to answer emergency calls will answer the phone. They are trained to ask specific questions in order to determine the correct response and will begin the questioning by asking the most important question, "What's the location of the emergency?" This is harder than it the emergency?" sounds because we receive almost 80% of our calls from people on cell phones and often do not have specific location information attached to the call like we do from landlines. It may seem as if there are a great deal of questions being asked and that the response is being delayed, but this is not Once enough information has the case. been received to determine the best response, generally early in the call, the call will be sent to the correct dispatch console. While the responders are being appropriately deployed via radio, the ECS on the phone will continue to ask for additional information to pass on to the responders. It may seem like it takes a while to get through the questions, but this does not create a delay, the responders are notified according to the priority of the call by a team member while the ECS is finishing up the questioning in a team effort that streamlines the process. If your situation calls for multiple responses,

such as a vehicle accident where someone is injured and police, fire, and EMS will respond, the dispatch position of each discipline will be notified all at the same time with the same information so help can be sent quickly and be fully informed.



Left to Right: Crystal Salazar, Lisa Tijerina, Bonnie Barnett, Monica McKinney, Steven Malatesta, Sean Custer, Jacob Brewer, Lea Ann Briscoe, Angelia Eagen, Michelle Anderson, Jessica Martinez, Stephany Gervasi and Ana Guerrero

The questions you can expect to be asked in addition to the location of the emergency will be specific to the situation you are experiencing. If the situation is medical in nature, you may be asked the age of the patient, if they are conscious and breathing, and what symptoms they are displaying. If it is a fire event, you may be asked if you see smoke and where the smoke or strange smell is coming from. For police events, you may be asked about weapons, descriptions of vehicles and people, and directions of travel. When being asked for this information, remember to answer to the best of your ability. If you do not know the answer, it is alright to say that.



**Left to Right:** Bryan Mech, James Custer, Michael Chaney, Donna Votaw, Lynn Harris, Cassandra Perez, Willis Orcutt, Anna Stratton, Skyler Mathews, Jennifer Case, Robert Vigil, Lisa Tijerina and Landon Moreland

Our ECS are even trained to begin helping you before the responders arrive on scene. If you are experiencing a medical emergency and someone has stopped breathing, you will be given instructions on how to perform CPR over the phone to increase the chances of the patient

surviving. If childbirth is imminent, we can instruct you on how to facilitate the childbirth, even when there are complications. While our responders do a great job getting where they are needed quickly, there are sometimes unavoidable delays such as traffic, distance that needs to be travelled, or unexpected occurrences. Working in partnership with our response agencies by being able to give some of these instructions allows us to help increase the chances of a successful outcome

Our entire system is computerized, so in the performance of the job, ECS must be able to operate several computer programs at the same time they are speaking on the phone with a person experiencing an emergency or dispatching calls over the radio to

responders. Those who answer 911 calls, while they are talking to you on the phone, will also be using the mapping software that is part of the phone system to confirm your location. They will be using our Computer Aided Dispatch software (CAD) to enter in the information that you are giving them so that it can be accessed by those dispatching and responders and they will be using our protocol software to make sure they are asking the correct questions and giving the correct instructions. This is a minimum of what they will be doing. They also might be accessing Google Maps to determine appropriate locations or local, state, and national databases to see what has been listed as stolen. They will be listening to others in the room to see if anyone

> else has a similar call and will be communicating with the ECS who is dispatching the event. Those who dispatch responders will be reviewing pending calls so they can determine the best use of their resources, the responders.

> They will be transmitting over the radio at the same time they are logging information and responder statuses in the CAD software. They may even be speaking on the

(continued next page - AECC 911)

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## **March is National Nutrition Month**

By: Kathy Cates, Dietitian, MS, RD



National Nutrition Month is celebrated annually in March by the Academy of Nutrition and Dietetics (formally the American Dietetic Association). To commemorate the dedication of registered dietitians as the leading advocates for advancing the nutritional status of Americans and people around the world, the second Wednesday of each March is celebrated as "Registered Dietitian Day."

The Academy of Nutrition and Dietetics is committed to improving the nutritional health of consumers by translating sound science-and evidence-based research into messages they can understand and apply to their everyday lives. National Nutrition Month is a nutrition education and information campaign with the focus of giving important nutrition information so that consumers may make informed choices and develop sound eating and physical activity habits.

This year's theme for National Nutrition Month is "Get Your Plate In Shape." In June 2011, the USDA's MyPlate replaced the MyPyramid as the government's primary food group symbol. This new logo is easily understood using visual cues to help consumer's adopt healthy eating habits that are consistent with the Dietary Guidelines for Americans. The plate is divided into four sections (not equally): fruits, vegetables, grains and proteins and dairy are represented. MyPlate is a great tool for helping people to be mindful of what foods they should be eating and how much should be on their plate.

The theme of "Get Your Plate in Shape" is taking the MyPlate a step further by giving consumers ideas for creative ways to include the foods groups and helping them think of new ways to make every meal both healthful and enjoyable. Some of the tips are:

- Before you eat, think about what goes on your plate or in your bowl.
- Make half your plate fruits and vegetables—eat a variety of vegetables, especially dark green, red and orange vegetables plus beans and peas.
- Make at least half of your grains whole choose 100% whole-grain breads, cereals, crackers, pasta, and brown rice.
- Switch to fat-free or low-fat milk—Fat-free and low-fat milk have the same amount of calcium and other essential nutrients as whole milk, but less fat and calories.
- Vary your protein choices—Eat a variety of foods from the protein food group each week, such as seafood, nuts and beans, as well as lean meat, poultry and eggs.
- Cut back on sodium and empty calories from solid fats and added sugars—Drink water instead of sugary drinks. Select fruit for dessert. Look out for salt (sodium) in foods you buy.
- Enjoy your food but eat less—get your personal daily calorie limit at www.ChooseMyPlate.gov.
- Be physically active your way—Pick activities that you like and start by doing what you can, at least 10 minutes at a time. Every bit adds up and health benefits increase as you spend more time being active. Children and teens need 60 minutes or more a day of activity. Adults need at least 2 ½ hours a week of activity that requires moderate effort.
- Find more health eating tips at: <u>www.eatright.org</u>; <u>www.kidseatright.org</u>; and <u>www.ChooseMyPlate.gov</u>.



(continued from page 4)

#### **AECC 911**



phone and transmitting on the radio at the same time. Some of the other tasks that our ECS perform include answering various administrative lines for our response agencies, logging towed vehicles for the tow companies, entering missing persons and stolen items into national and state databases, assisting the public in non-emergency situations, and providing support to response agencies for investigations and information dissemination, and making notifications to emergency management and other specialized groups.

So, if you ever find yourself in need and must call 911, please remember that your fellow city employees, AECC's Emergency Communications Specialists, are standing ready to help you. They have worked and trained hard to be ready to answer your call.







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#### SAFETY CORNER

BY: CHARLES SANCHEZ, SAFETY MANAGER



Right:

Steven Grant,

Supervisor II going into

the hole) and

Paul Kite

Water Foreperson

Fall protection is defined as any means used to protect workers from falls during work in areas where fall hazards exists. Fall protection is essentially a system that protects workers who could lose their balance at any given height from falling, usually resulting in serious injuries. Fall protection involves the elimination of fall hazards, the prevention of falls, and the control of falls.

There are three laws of science involved in a slip, trip, or fall: friction, momentum, and gravity. Friction is necessary to maintain a grip on walking/ working surfaces. When you are thrown off balance, your momentum (the speed at which you are moving) will cause you to trip. Gravity is the force that pulls you to the ground. Once a slip or trip is in progress, the end result is usually a fall which is only stopped by changing surface levels.

Fall protection systems either prevent the fall from occurring or reduces the impact of a fall. Fall protection systems include: guardrails, handrails and stair rails, and safety nets. A personal fall arrest system is used to stop a worker's



Rick Barrera Communication/Siren Tech

fall from a height. Personal fall arrest systems can include: full body harnesses, lanyards, rope grabs, lifelines, and anchorage/rigging.

Systems that prevent workers from falling to lower levels, such as guardrails, provide the best type of protection. Systems that arrest falls prevent serious injuries or deaths. It is essential that we assess our workplace for fall hazards and take appropriate precautions to prevent worker injuries from falls to a lower level.



#### **BENEFITS CORNER**

Save money by getting your maintenance medications filled through Maxor's mail order pharmacy. Ask your physician to write a prescription for a 90day supply of maintenance medication and you will only pay a 60-day co-pay. For example a 90-day supply of a preferred blood pressure medication will cost \$70.00 through Maxor mail order instead of \$105.00 at the retail pharmacy. In addition you will save time and gas. You can have Maxor mail the prescription to your home or you may go by their facility at 3rd and Polk and pick it up. They have a drive through window so you won't even have to get out of your car!

Remember you can also save money by asking your physician for generic prescriptions whenever they are available. A generic co-pay is \$10.00 or less if the cost of the drug is less and a 90-day supply is \$20.00 through Maxor mail order. It is a good idea to take your pocket formulary with you to the physician's office so they can prescribe the most cost effective drug for you or your family members.

#### FROM THE PANTRY

BY: MARGARET PAYTON, WIC MANAGER, MBA, RD

and

#### Spinach Balls

1 (10 oz.) pkg. frozen chopped spinach 2 cups herb stuffing crumbs 2 cups grated parmesan balls. Freeze the balls 1/2 stick margarine 6 eggs

1/4 tsp. salt 1/4 tsp. pepper

moisture.

½ cup chicken broth

Bake straight from the freezer for 8 to 10 minutes and at 350° F. Don't over-Thaw spinach saueeze all bake. out

> Serve warm or at room temp. Makes 8 servings.

Place spinach

freezer storage bag.

well.

remaining ingredients in



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## WELCOME

## Name

Samatha Peat Matt McCall Benjamin Hall Eric Campbell Ann-Marie Jones Christopher Pacino Christopher Grabber Dee Anna Rhodes Gary Stovall Victoria Vigil Nakita McKinley Andy Barker Jaimie Sharp **Ernest Cherry** Billy Knox Jerrold Bird Ethan Black Jason Brown Richard Jones Andrew Sparks Scott Stidham Chanse Valentine Christopher Westbrook Nathan Wilson Jeffrey Anderson

Erica Silva Marcus Nerios Carrie Carlton Phommathep Douangdy

Steven Reeves Jessica Prince

Mason Lemon Jessica Hanson

Michael Field

Robert Elliott

Roger Davis

Francisco Madero

**Building Attendant 1** Library Messenger-hrly Emergency Comms. Specialist-hrly Data Entry Operator-hrly Utility Worker-hrly **Animal Control Officer** School Crossing Guard

School Crossing Guard Traffic Engineer Firefighter Firefighter Firefighter Firefighter Firefighter Firefighter Firefighter Firefighter Fire Inspector LVN-hrlv **Outreach Specialist** 

**CD** Coordinator Utility Maintenance Mechanic 1 Lift Station Maintenance Mechanic Treatment Plant Operator 1

Chemist 1

Physician Assistant/NP

#### Department

Civic Center Library **AECC AECC AECC AECC AECC AECC AECC AECC** Municipal Court Solid Waste Disposal **Animal Control** Traffic Engineering Traffic Engineering Traffic Engineering Fire Fire Fire Fire Fire Fire Fire Fire Fire Civilian Personnel

Public Health Public Health Public Health Water Production Wastewater Collection Hollywood Road WWT Plant Laboratory Administration City Care Clinic

#### **Employee Milestones**

STEVEN CUELLAR MUNICIPAL GARAGE 5 SOLID WASTE **RICKY LUCAS** COLLECTION 5 LAVONDA LYLES WATER DISTRIBUTION 5 RIVER ROAD WATER **ROBY J WALTERS** RECLAM. 5 PARK MAINTENANCE DAVID BRANDT 10 KERI CORNELISON AIRPORT OPERATIONS 10 ROBERT MOORE FACILITIES MAINT. 10 JOHN C TITUS IT ADMINISTRATION 10 MICHAELHAMMONDS WATER DISTRIBUTION 15 JAMES W BAIN FIRE OPERATIONS 20 SAMUEL J BELL JR FIRE OPERATIONS 20 MICHELLE C BONNER **FINANCE** 20 TIMOTHY D CARTER FIRE OPERATIONS 20 ROY D DEUPREE III FIRE OPERATIONS 20 DANA DEANE HAVLIK FIRE OPERATIONS 20 TRANSIT FIXED ROUTE RICHARD P TITUS 25 **DENNIS S EAVES** FIRE OPERATIONS 30 JAMES J HIGLEY **POLICE** 30 JERRY LEE NEUFELD **POLICE** 30 LOUIS S POWERS **POLICE** 30 LABORATORY ADMIN. DAVID REASONER 30 MICHAEL K REED **POLICE** 30

#### **Congratulations February Retirees**

Armando Solis-

Solid Waste — 14 years

Jimmy Gouge-

Solid Waste — 15 years

William Lav-

Public Works — 22 years

Jackie Dunlap-

Accounting — 31 years

Steve Barrera-

Fire — 31 years

Daniel Montano-Police — 37 years

#### **Promotions/Transfers**

Department

Municipal Court

OLD Title Name Data Entry Operator-hrly Diane Baca Administrative Assistant III Cynthia Storey Aubrey Grady Accountant 1 Lisa Liles Administrative Assistant II James Griffin Residential Equipment Operator Everett England Police Officer Anthony Merryman Corporal Larry Zamora Plans Reviewer Christopher Durham Park Foreperson Jason Jackson Fire Driver Jaime Lucero Lieutenant Jeffrey Spangler Firefighter Deputy Court Clerk & Asst Admin. Jennifer Gonzales Nicolas Hernandez Utility Worker-hourly Michael Schoenberg Meter Service Representative John Calhoun Utility Worker

Equipment Operator II

Housing Inspector

Utility Worker

Utility Worker

Dir of Utilities Accounting Accounting Solid Waste Collection Police Police **Building Safety** Park Maintenance Fire Fire Fire Municipal Court Street Water Distribution Hollywood Road WWT Plant Hollywood Road WWT Plant **Building Safety** Wastewater Collection Street

NEW Title Administrative Assistant IV Administrative Assistant IV Accountant II Accounts Payable Clerk II Commercial Equipment Operator Corporal Sergeant Chief Plans Reviewer Electrician 1 Lieutenant Captain Fire Driver Asst Utility Billing Manager Utility Worker Odor Control Technician

**etirem<sub>ent</sub>** 

Utility Maintenance Mechanic 1 Equipment Operator III Community Improvement Inspector Utility Maintenance Mechanic 1 **Equipment Operator III** 

Department Municipal Court Municipal Court Accounting Accounting Solid Waste Collection Police Police **Building Safety** Park Maintenance Fire Fire

Fire Utility Billing Water Distribution Wastewater Collection Hollywood Road WWT Plant Hollywood Road WWT Plant **Building Safety** 

Wastewater Collection Street

Send your comments. suggestions and ideas to:

City Secretary's Office City Hall 509 Southeast 7th Avenue, Room 303

> Phone: (806) 378-3014

> Fax: (806) 378-9394

Email: frances.hibbs@amarillo.gov

> We're on the Web! See us at: www.amarillo.gov

CITY OF AMARILLO

P. O. Box 1971 Amarillo, TX 79105-1971

> CITY EMPLOYEES/RETIREES STREET ADDRESS

www.amarillo.gov

Send us your email address to save on printing and postage





March brown bag sessions (bring your breakfast or lunch) will be all about exercise and how it can lead to a healthier lifestyle. Sessions in March will be Wednesday the 21st at 7:00 a.m. in the Training Room at the Service Center and at noon in the Hospitality Room at the Civic Center. Brown bag sessions are worth 20 points.



## ACE ON THE SPOT — JERROLD BIRD, TRAFFIC ENGINEER

Mr. Bird began his County Route 215 (Craig employment with the City of Road to Hualapai Way, Amarillo on February 9. He earned his Build (I-15 to SR74, Utah) Bachelor of Science degree which included a Diverging in Civil Engineering from the Diamond Interchange University of Nevada at I-15. Mr. Bird has conducted Reno, and earned his a number of Traffic Impact Master's degree in Civil Analysis, Engineering with Transportation Emphasis from Arizona State University. He has worked on a variety of projects in Plans. Washington, Arizona. Texas, Nevada, Utah and Jerrold and his wife, Cindy experience includes including nuclear power plants, most recent project design America (SCCA). experience includes the I-15 Design Build (I-515 to Craig Road. Nevada), Clark

Thursday, Nevada), and SR-92 Design Traffic Signal a Designs, Traffic Modeling, and Signing and Striping Plans as well as Automated Traffic Management System

California, and his project have four grown children a ranging from 25-30 years old variety of different projects and they all live in Las constructing Vegas, Nevada.

freeway interchange design, Jerrold's hobbies include urban and rural roadway golfing, bow hunting and car design, and intersection racing. He is a member of design. Some of Mr. Bird's the Sports Car Club of



Jerrold's 1971 240Z Race B Street Prepared (BSP)

